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HOLD RELEASE UNTIL – Monday, March 25, 2019

PRESS RELEASE: Allied Resources Group announces hiring of new Chief Strategy Officer

EXTON, Pennsylvania, Mar. 25, 2019 - Allied Resources Group announced today the hiring of Michael J. Alam to the new position of Chief Strategy Officer. In this role he will report to Dennis F. Zatlin, President and Chief Executive Officer and be a key member of the Allied Resources Group Executive Leadership Team.

Based at the Corporate headquarters in Exton, PA, Michael will be responsible for the overall strategic plan and objectives to grow the companies both organically and through acquisition. This new role has developed as the next step in ARG's goal to expand our staffing, engineering and inspection businesses.

Mr. Alam joins the company from PNC Financial Services Group, where he spent the past seven years in increasingly responsible positions from Corporate Banking Underwriter to, most recently, as a Vice President and Relationship Manager. Previously, he worked as a Senior Analyst at Mid-State Capital to support mergers, acquisitions and debt offerings. Michael is a graduate of Michigan State University and holds a Master of Business Administration from Wayne State University. Michael is married to Dr. Kathleen O'Neill and they have two sons, Gabriel and Lucas.

"We are excited to have Michael join Allied Resources Group during this time of great growth for our Company," said Zatlin. "He has enjoyed a wide ranging and relevant career in Corporate Banking and mergers and acquisitions, which positions him well to make significant contributions with us."

About the Allied Resources Group

The Allied Resources Group is the parent company to a family of companies servicing a wide variety of industries throughout the country.

With headquarters in Exton, Pennsylvania, and offices in Allentown, Pennsylvania; Logan Township, New Jersey; Pittsburgh, Pennsylvania; Valparaiso, Indiana and Houston, Texas; The Allied Resources Group is made up of four distinct and niche organizations that each provide strategic resources to the businesses serviced.

Companies include:

Allied Resources Technical Staffing, Inc. (www.ARStaf.com): Engineering and Technical Staffing Solutions - Contract and Direct Hire



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Allied Resources Medical Staffing, Inc. (www.ARMStaffing.com): Healthcare Staffing Solutions for hospitals and long-term care facilities – Contracts, Direct Hire and Per Diem

Allied Engineering and Design, Inc. (www.AlliedED.com): Engineering and Design Services

CATSI, Inc. (www.CATSI.com): Industrial Inspection and Technical Services